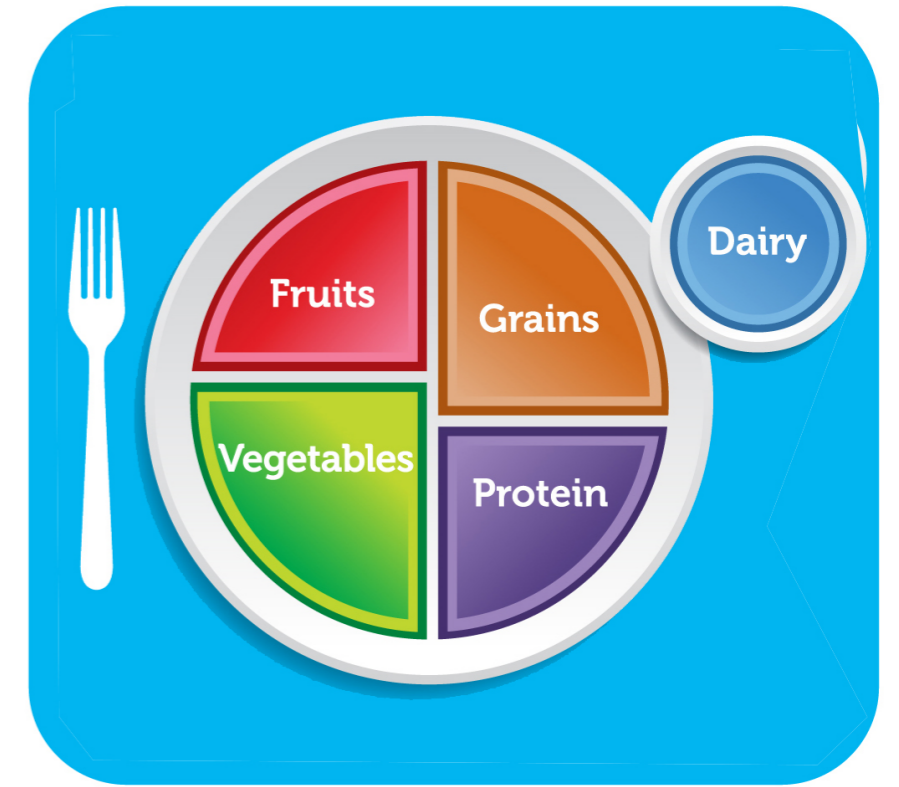


EAST LANE PRIMARY SCHOOL WEEK 1



Fresh Drinking Water,
Seasonal Fresh Fruit,
Low Fat Yogurts,
Fresh Baked Bread,
Locally sourced
Seasonal Salad Bar

16/09, 30/09, 14/10, 28/10, 11/11, 25/11, 9/12

PLANET
FRIENDLY
DAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>The Wholesome Burger (V)</p> <p>Halal Lamb Burger in a High Fibre Bun</p> <p>Served with Skin on Wedges (VV) (GF)</p> <p>Pea (VV)</p> <p>Jacket Potato (VV) with Coleslaw (V)</p> <p>Seasonal Fresh Fruit (VV) Frozen Smoothie</p>	<p>Hearty Chilli con carne (VV)</p> <p>Halal Smoky BBQ Chicken Wr</p> <p>Served with Basmati Rice (VV)</p> <p>Carrots (VV)</p> <p>Jacket Potato (VV) with Baked Beans (VV)</p> <p>Seasonal Fresh Fruit (VV) Brownie with Custard (V)</p>	<p>Homemade Deep-Dish Cheese & Tomato Pizza (V)</p> <p>Aromatic Tomato & Basil Pasta Bake (V)</p> <p>Served with Garlic Bread (VV)</p> <p>Sweetcorn (VV)</p> <p>Jacket Potato (VV) with Cheese (V) or Salmon Mayonnaise</p> <p>Seasonal Fresh Fruit (VV) Raspberry Fruit Jelly (V)</p>	<p>Plant Based Slice (V)</p> <p>Halal Roasted Chicken</p> <p>Served with Roast Potatoes (VV) (GF), Yorkshire Pudding (V) & Gravy (VV) (GF)</p> <p>Carrots (VV)</p> <p>Jacket Potato (VV) with Tuna</p> <p>Selection of Fresh Fruit (VV) Fruit Cocktail (VV)</p>	<p>Homemade Cheese & Tomato Quiche (V)</p> <p>Crumb Coated Fish Fingers</p> <p>Served with Oven Baked Chips</p> <p>Peas (VV)</p> <p>Jacket Potato with Cheese (V)</p> <p>Seasonal Fresh Fruit (VV) Iced Vanilla Sponge with Custard (V)</p>

FRUITY
THURSDAY



*Also Available as a Potato Filling

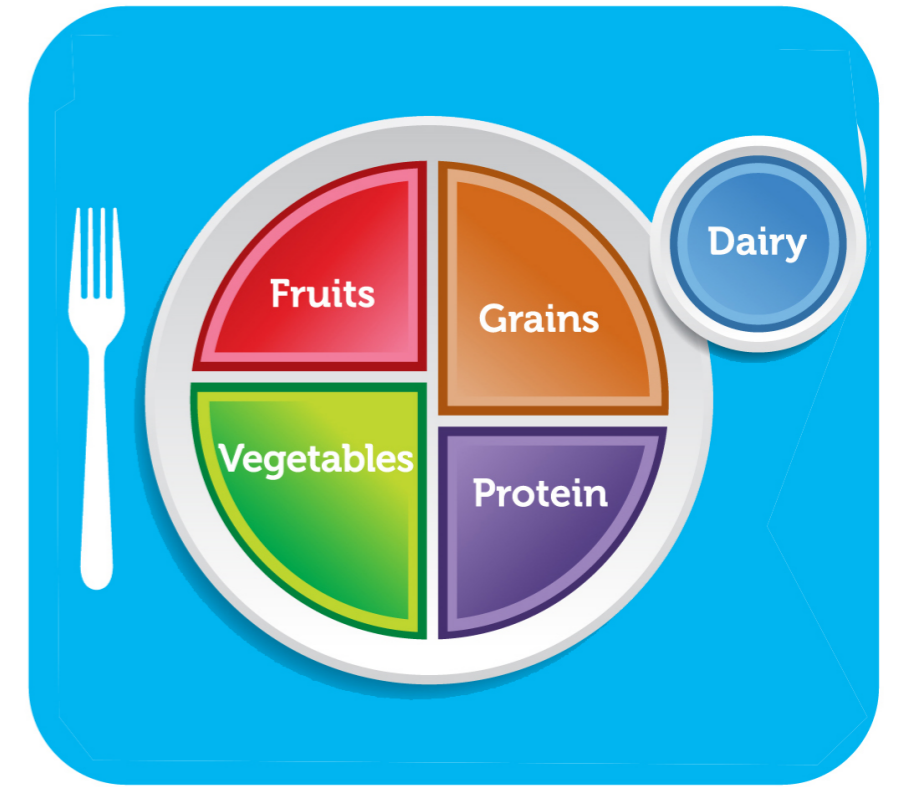
Vegetarian (V) & Vegan (VV) & Gluten Free (GF)

All Homemade desserts contain organic flour/free range eggs/fair trade sugar/ and are 33% reduced sugar.

All of our menus are served with at least two varieties of seasonal Vegetables or Salad.





EAST LANE PRIMARY SCHOOL WEEK 2



Fresh Drinking Water,
Seasonal Fresh Fruit,
Low Fat Yogurts,
Fresh Baked Bread,
Locally sourced
Seasonal Salad Bar

9/09, 23/09, 7/10, 21/10, 4/11, 18/11, 2/12, 16/12

PLANET FRIENDLY DAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Plant Friendly Sausage & Mash (V)</p> <p>Halal Chicken Sausage & Mash</p> <p>Peas (VV) & Gravy</p> <p>Jacket Potato (VV) with Coleslaw (V)</p> <p>Seasonal Fresh Fruit (VV) Frozen Smoothie (V)</p>	<p>Macaroni Cheese Bake (V)*</p> <p>Halal Chicken & Vegetable Burrito</p> <p>Served with Savoury Rice (VV)</p> <p>Carrots (VV)</p> <p>Jacket Potato (VV) with Cheese (V)</p> <p>Seasonal Fresh Fruit (VV) Banana and Caramel Cake with Custard (V)</p>	<p>Homemade Deep-Dish Cheese & Tomato Pizza (V)</p> <p>Crispy Oven Baked Onion & Peppers Chimichanga (VV)</p> <p>Served with Garlic Bread (VV)</p> <p>Sweetcorn (VV)</p> <p>Jacket Potato (VV) with Baked Beans (VV)</p> <p>Seasonal Fresh Fruit (VV) Strawberry Fruit Jelly (V)</p>	<p>Plant Based Slice (V)</p> <p>Halal Roast Chicken </p> <p>Served with Roast Potatoes (VV) (GF), Yorkshire Pudding (V) & Gravy (VV) (GF) </p> <p>Carrots (VV)</p> <p>Jacket Potato (VV) with Tuna</p> <p>Seasonal Fresh Fruit (VV) Fruit Cocktail (VV)</p>	<p>Planet Friendly Sausage Roll (VV)</p> <p>Crumb Coated Fish Fingers (V)</p> <p>Served with Oven Baked Chips (VV) (GF)</p> <p>Peas (VV)</p> <p>Jacket Potato (VV) with Cheese (V)</p> <p>Seasonal Fresh Fruit (VV) Chocolate Sponge with Chocolate Sauce (V)</p>

FRUITY THURSDAY



*Also Available as a Potato Filling

Vegetarian (V) & Vegan (VV) & Gluten Free (GF)

All Homemade desserts contain organic flour/free range eggs/fair trade sugar/ and are 33% reduced sugar.

All of our menus are served with at least two varieties of seasonal Vegetables or Salad.

