



Wembley
Multi-Academy
Trust

ACHIEVEMENT FOR ALL



PE SPORT AND PREMIUM

Date reviewed: July 2024

Date of next review: July 2025

PE and Sport Premium – Evaluation and Proposals

Introduction

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can foster physical literacy and a lifetime habit of participation. Physical activity has numerous benefits for children and young people’s physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing, and lowering anxiety and depression). Children who are physically active are happier, more resilient, and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

Evaluation of PE and Sport Premium in 2022 – 2023

The PE and Sport Premium Funding in 2022 – 2023 was £21,080.

The ELPS School Council reported that pupils wanted to learn to play more outdoor games at break and lunchtimes. As a result, the Sport and Health Academy’s lunch time active-play provision was continued to include Years 2 and 3, with 7 tutor groups altogether. We have been committed to continuing these activities and have been able to supplement these using the school budget.

Activity	Cost	Evidence of impact
Sport and Health Academy provided active lunch time coaching sessions: 3 qualified sports coaches provided coaching to pupils in Year 2 and Year 3 (7 classes total) = 180 pupils for half an hour each lunch time for organised games to develop pupils’ sports skills, health and fitness. @ £150 x 5 per week for 38 weeks.	£28,500	All Year 2 and 3 pupils participated in active-play lunch time provision. Pupil questionnaires revealed that 94% of pupils enjoyed participating in sports activities at lunch time. Quotes from pupils include: “Lunchtime sports was lots of fun this year. I enjoyed playing football the most, but we played lots of different games.”; “I love playing sports with my friends at lunchtime and look forward to it every day!”
Continuation of extracurricular sports clubs after school to expose pupils to a wider variety of sports; e.g. tag rugby, netball, rounders, cricket, street dance. The school purchased resources for the activities using part of the sport premium allocation.	£250	20 pupils were given places in each of tag rugby club, netball club, cricket club, rounders club and street dance club (100 pupils in total). Tag rugby club ran for three terms, rounders club ran for two terms and netball club, cricket club and street dance club each ran for one term. Quotes from pupils include: “Tag rugby club was amazing! We learned lots of new skills during the year, and by the end of the year we were playing competitive matches, which was so much fun!”; “Rounders club was so much fun! I loved learning how to play a new

		sport and really looked forward to having the chance to play it with my friends every week.”
Total	£28,750*	*Additional funding provided by WMAT.

Year 6 Swimming Outcomes 2022 - 2023

All Year 5 and Year 6 ELPS pupils participated in swimming lessons throughout 2022-23. Pupils had widely varied levels of prior swimming experience with many pupils swimming for their first time during school swimming lessons. Pupils were divided into small groups based on their swimming ability and learned a variety of swimming techniques and strokes such as front crawl and backstroke. Pupils also learned and practised various water-based self-rescue skills to keep them safe when swimming in open water such as the sea or a lake. The Year 5 and Year 6 swimming programme was supervised by ELPS teachers and taught by specialist swimming instructors at Vale Farm Sports Centre.

The programme of study for PE sets out the expectation that pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively (e.g. front crawl, backstroke, breaststroke)
- Perform safe self-rescue in different water-based situations

For the 2022-23 academic year, the Year 6 swimming outcomes are as follows:

<u>Year 6 Swimming Results</u>	<u>%</u>
% of pupils who are proficient and confident at swimming 25 metres	51%
% of pupils who are able to perform a range of swimming strokes effectively	49%
% of pupils who are able to perform a safe water-based self-rescue	32%

Evaluation of PE and Sport Premium in 2023 – 2024

The PE and Sport Premium Funding in 2023 – 2024 was £21,410.

Activity	Cost	Evidence of impact
London Athletic Football Club to provide active lunch time coaching sessions: 3 qualified sports coaches will provide coaching to pupils in Year 2 and Year 3 (7 classes total) = 180 pupils for half an hour each lunch time for organised games to develop pupils' sports skills, health and fitness. £120 x 5 per week for 38 weeks.	£22,800	<p>All Year 2 and 3 pupils participated in active-play lunch time provision. All Year 2 and Year 3 School Council representatives reported that they enjoy participating in lunchtime sports, had fun, and were physically active during these sessions.</p> <p>Quotes from pupils include: "I love lunchtime sports! The coaches are nice and we play fun games".; "I enjoy playing football and tennis at lunchtime with my friends"; "Lunchtime sports is my favourite thing at school!"</p>
Total	£22,800*	*Additional funding provided by WMAT.

Year 6 Swimming Outcomes 2023 - 2024

All Year 5 ELPS pupils participated in swimming lessons throughout 2023-24. The current cohort of Year 6 pupils participated in swimming lessons throughout 2022-23 whilst they were in Year 5. Pupils had widely varied levels of prior swimming experience with many pupils swimming for their first time during school swimming lessons. Pupils were divided into small groups based on their swimming ability and learned a variety of swimming techniques and strokes such as front crawl and backstroke. Pupils also learned and practised various water-based self-rescue skills to keep them safe when swimming in open water such as the sea or a lake. The Year 5 swimming programme was supervised by ELPS teachers and taught by specialist swimming instructors at Vale Farm Sports Centre.

The programme of study for PE sets out the expectation that pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively (e.g. front crawl, backstroke, breaststroke)
- Perform safe self-rescue in different water-based situations

For the 2023-24 academic year, the Year 6 swimming outcomes are as follows:

<u>Year 6 Swimming Results</u>	<u>%</u>
% of pupils who are proficient and confident at swimming 25 metres	36%
% of pupils who are able to perform a range of swimming strokes effectively	34%
% of pupils who are able to perform a safe water-based self-rescue	26%

Proposals for PE and Sport Premium in 2024 – 2025

Expected Grant: £21,370 (2024-25 PE and Sport Premium allocations to be published in Oct. 2024)

Activity	Cost	How will this be evidenced and the impact measured and monitored?
<p>London Athletic Football Club to provide active lunch time coaching sessions: 3 qualified sports coaches will provide coaching to pupils in Year 2 and Year 3 (7 classes total) = 180 pupils for half an hour each lunch time for organised games to develop pupils' sports skills, health and fitness. £120 x 5 per week for 38 weeks.</p>	<p>£22,800</p>	<p>Impact to be measured and monitored by pupil participation and feedback provided by pupils during interviews between the PE Subject Leader and a variety of pupils (including members of the ELPS School Council).</p>
<p>ELPS PE Department to provide after school Team Games Club for one hour per week to targeted pupils in Year 4-6. Team Games Club is a targeted intervention aiming to provide additional support to help pupils develop their fundamental movement skills, agility, balance, coordination, fitness and teamwork skills.</p>	<p>£3000</p>	<p>Impact to be measured and monitored by pupil participation and feedback provided by pupils participating in Team Games Club during interviews with the PE Subject Leader.</p> <p>Impact to be measured and monitored through progress made in PE assessment results by targeted pupils.</p>
<p style="text-align: right;">Total</p>	<p>£25,800*</p>	<p>*Additional funding provided by WMAT.</p>

Swimming Targets 2024 - 2025

In 2024 – 2025, Year 5 pupils will participate in swimming lessons. Each pupil will be assessed on their ability to swim competently, confidently, and proficiently over a distance of at least 25 metres using a range of strokes effectively (e.g. front crawl, backstroke and breaststroke) as well as their ability to perform safe self-rescue in different water-based situations. Pupils will be taught and assessed using Swim England's Learn to Swim Framework by specialist swimming instructors at Vale Farm Sports Centre under the supervision of ELPS teachers.